

Text: 1 Corinthians 7:5-6
Topic: Sex. Marriage.
Study: First Corinthians
Week: 32
Series: 2 of 4

Focal Point Ministries
June 21 & 22, 2003
Message # 03-19
Pastor Mike

God, Sex & Your Marriage
The Costs & Benefits Your Sexual Ministry

part 2



1. Have _____ (v.5a)

2. Only _____ (vv.5b, 6)

3. Enjoy _____ (v.5c)

1 Cor. 7:5-6

⁵ Do not deprive each other except by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control. ⁶ I say this as a concession, not as a command.

Application Questions

These questions are provided for your further study and application of today's message. Thoughtfully writing out the answers to these questions will help to drive home the point of today's message. It is also helpful to discuss your answers with others. This can take place with friends, your family, accountability partners, or ministry groups within the church.

1. What are some of the excuses that couples use to rationalize their lack of effort and attention given to physical intimacy in their marriage?

Based on what we have studied so far in 1 Corinthians 7, describe in your own words the importance of sexual oneness in marriage.

2. List some of the distractions that make the cultivation of romantic and erotic love "inconvenient" in your marriage.

Write out a prayer that expresses a petition to have God help you defeat those distractions and guide you to prioritize adequate time, energy and attention to this important part of your marriage.

3. God is concerned in 1 Corinthians 7 that our sexual interests stay focused on our marriage partner. Besides working to cultivate an enriching sex life, what will you do this week that will help you keep your desires for intimacy fixed on your covenant partner?

We are reading through the Bible in a year! Here is this week's schedule.

Sunday

1Chron.16-18 & Ps.17-18

Monday

1Chron.19-21 & Ps.19-20

Tuesday

1Chron.22-23 & Ps.21-22

Wednesday

1Chron.24-25 & Ps.23-24

Thursday

1Chron.26-27 & Ps.25-26

Friday

1Chron.28-29 & Ps.27-28

Saturday

2Chron.1-2 & Ps.29-30

Here are some resources which may help you better understand and implement the truths presented in this week's sermon.

Black, Jeffery S. **Sexual Sin: Combating the Drifting and Cheating.** P & R, 2003.

Carder, Dave. **Torn Asunder: Recovering from Extramarital Affairs.** Moody Press, 1992.

Daniels, Robert. **The War Within: Gaining Victory in the Battle for Sexual Purity.** Crossway Books, 1997.

Fee, Gordon. "1 Corinthians 7:1 in the NIV," **Journal of the Evangelical Theological Society** No.23 (1980): 307-314.

Hillerstrom P. Roger. **Intimate Deception: Escaping the Trap of Sexual Impurity.** Multnomah Press, 1989.

Jenkins, Jerry B. **Hedges: Loving Your Marriage Enough to Protect It.** Moody Press, 1989.

Minnery, Tom, ed. **Pornography: A Human Tragedy.** Tyndale House, 1986.

Swindoll, Charles. **Strike the Original Match.** Multnomah Press, 1980.

Wagner, David. **Secret Sins of the Heart: Freedom from the Chains of Pornography.** Essence Publishing, 2001.

Wheat, Ed. **Love Life: For Every Married Couple.** Zondervan, 1980.