

Date: January 22, 2006
 Text: Hebrews 4:3-9
 Topic: Sabbath. Salvation.
 Study: Hebrews
 Week: 16
 Series: 2 of 4
 CD #: 06-02

Am I Really a Christian?

Seeing My Salvation as a Fulfillment of the Sabbath

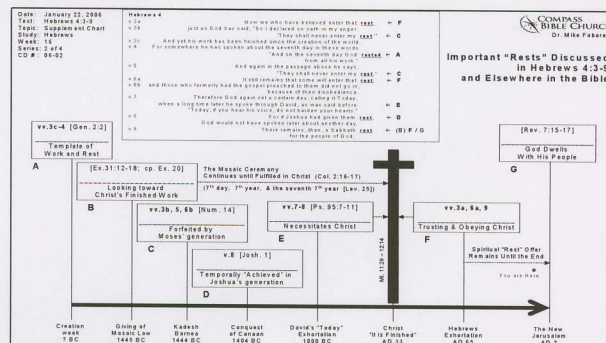
Part 2



1. Untangling the

(vv.3-9)

See the Provided
 Supplemental
 Chart Handout



2. Understand

(cf. Heb.4:14 – 10:18)

3. Know that You're

(vv.3a, 9)

Hebrews 4:3-9

³ Now we who have believed enter that rest, just as God has said, "So I declared on oath in my anger, 'They shall never enter my rest.'" And yet his work has been finished since the creation of the world. ⁴ For somewhere he has spoken about the seventh day in these words: "And on the seventh day God rested from all his work." ⁵ And again in the passage above he says, "They shall never enter my rest." ⁶ It still remains that some will enter that rest, and those who formerly had the gospel preached to them did not go in, because of their disobedience. ⁷ Therefore God again set a certain day, calling it Today, when a long time later he spoke through David, as was said before: "Today, if you hear his voice, do not harden your hearts." ⁸ For if Joshua had given them rest, God would not have spoken later about another day. ⁹ There remains, then, a Sabbath-rest for the people of God (NIV)

Application Questions

These questions are provided for your further study and application of today's message. Thoughtfully writing out the answers to these questions will help to drive home the point of today's message. It is also helpful to discuss your answers with others. This can take place with friends, your family, accountability partners, or ministry groups within the church.

1. The writer of Hebrews draws many parallels and analogies from the Old Testament ceremonies and from Old Testament history to Christ. Why is spiritual "rest" in Christ (paralleled in Hebrews 4:3-9 to Joshua's settlement in the promised land and God's "rest" from his creation work) a rich and meaningful analogy for you?
2. In many ways our spiritual "rest" in Hebrews 4:3-9 is in the "present tense" for us as Christians, and yet clearly we can see that the ultimate realization of our "rest" with Christ is still future. Describe the benefit and encouragement you derive from both:
 - **"Rest" now** from trying to earn a place in God's family:
 - **"Rest" one day** from the "godlessness" of our present world and the struggles therein:
3. What insights did you gather from this week's sermon regarding the Old Testament Sabbath and the "fulfillment of ceremonial laws"?

Why is this important for all Christians to understand?

4. There are likely people you know who are trying to live up to a certain standard or keep certain rules in order to be acceptable to God. What will you do about those people this week? What will you do to clearly present them with the truth of Matthew 11:28-30?

Through the Bible in 2006

Chapters of the Bible you need to read this week!

January 22nd

Gen. 44-45 & Mt. 22

January 23rd

Gen. 46-47 & Mt. 23

January 24th

Gen. 48-50 & Mt. 24

January 25th

Ex. 1-2 & Mt. 25

January 26th

Ex. 3-4 & Mt. 26

January 27th

Ex. 5-6 & Mt. 27

January 28th

Ex. 7-8 & Mt. 28

January 29th

Ex. 9-10 & Mk. 1

Here are some resources which may help you understand and apply the truths presented in this week's sermon.

Brown, William. *The Tabernacle: Its Priests and Its Services*. Reprint. Hendrickson Publishing, 1996.

Carson, D.A. *From Sabbath to Lord's Day: A Biblical, Historical and Theological Investigation*. Wipf & Stock, 2000.

Edersheim, Alfred. *The Temple: Its Ministry and Services (updated edition)*. Hendrickson Publishing, 1994.

Kaiser, Walt. *The Messiah in the Old Testament*. Zondervan, 1995.

Kurtz, J. H. *Offerings, Sacrifices and Worship in the Old Testament*. Reprint. Hendrickson Publishing, 1998.

Ratzlaff, Dale. *Sabbath in Crisis*. LAM Publications, 1995.

Riggle, H.M. *The Sabbath and the Lord's Day*. LAM Publications, 2001.

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Dr. Mike Fabarez

Important "Rests" Discussed in Hebrews 4:3-9 and Elsewhere in the Bible

